

The Lions' Tales

WHEATON LIONS
MONTHLY
NEWSLETTER

Serving the Sight and Hearing Impaired.



Wheaton LIONS Club Den
Established October 23, 1923

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • October, 2008

"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays

www.wheatonlions.org Vol. 10, No. 10

Seeing Our Way

By Dorothy Troyer,
DEICKE EYE CENTER FOR VISUAL REHABILITATION

CHANGES AT DEICKE



This is the last time the heading of this column will include the words "Deicke Center." On Thursday, October 23rd there will be an unveiling ceremony at 219 E. Cole Ave., which for 22 years has been known as the Deicke Center for Visual Rehabilitation. All Lions and spouses are cordially invited to be present at **4:00 pm** when the new name will be revealed. Representatives of all media have been alerted concerning the event. **From 4:15 until 6:00** there will be an open house providing an opportunity for Lions to meet staff and observe patients demonstrating the latest adaptive technology for individuals with severe vision loss. Refreshments will be served.

Please come and share in this momentous occasion, learn what led to the name change and why this particular name was selected. The new name is as unique as the low vision programs and services the Deicke Center has offered for 22 years.

2008 Candy Days A Great Success

Wheaton Lions Charities has been serving the Wheaton Community for 85 years by providing services and equipment for the visually and hearing impaired. Funding for these services is provided by such activities as our annual October Candy Day.



This year's event, lead by LION John Sheahin, was a big success.. . better than in recent years.

Your support for these fund raising activities is vital to our continued commitment to the visually and hearing impaired. We thank you for your support by participating in our event this year.

Welcome the Return of

Lion Steve Maney



Steve Maney, Executive Director of the Wheaton Sanitary District, has returned to our Den after a few years absence. Welcome back, Steve.

Upcoming Events...

NEW: View "My Lions" Video on WCTV Channel 17: 10 am, 2 pm and 6 pm Wednesdays.

October 07— No Meeting:
Candy Days

October 10-11— Candy Days

October 23— Deicke Renaming

November 13— Wine Festival

November 25— No Meeting:
Thanksgiving

December 16— Christmas Auction

Birthdays:

October 01 ----- Shairoz Fazal

October 02 ---- Christopher Barton

October 15 ----- Pat McEvoy

October 17 ----- Chuck DiVito

October 18 ----- Linda Wallace

October 22 ----- Neil Pollock

October 29 ----- Jim Herrmann

November 03 Joe Gorup

November 04 Conrad Stoll

November 07 Brad Pihl

November 16 Terri Lightbody

November 18 Jim Ellingson

November 18 Jerry Schurmeir

November 23 Mike Reese

November 25 Dorothy Troyer

November 26 Bill Johnson

Thought for the Day . . .

*"You can observe a lot just by watching."
-Yogi Berra*

Membership Directory

To obtain a copy, please contact
Lion Jim Ellingson at 630-665-9471

Please send news for the November issue
by October 28, to Bud Roeser
Fax: 630-668-4599 • Tel: 630-668-3885
email: broeser@hayesadv.com

Speakers Calendar

October 07 No Meeting Candy Days

October 14

Sponsor: Lion Craig Henninger

Speaker: Lion Mike Gresk

Topic: Wheaton's Budget

October 21

Sponsor: Lion Phil Noth

Speaker: Andy Joseph of Wight & Co.

Topic: Green Architecture

October 28

Sponsor: Lion Mike Benard

November 04

Sponsor: Lion Richard Drury

November 11

Sponsor: Lion Dale Davis

November 18

Sponsor: Lion Tony Ladd

Thanksgiving Lunch at Wheaton College

November 25 No Meeting, Thanksgiving

December 02

Sponsor: Lion Joe Morrissey

December 09

Sponsor: Lion Linda Wallace

Speaker: High Schools Students

Topic: Christmas Music

December 16— Christmas Auction

December 23— No Meeting,

Christmas week

December 30— No Meeting

New Year's Eve

Our Annual Membership Drive

Wine Festival

Thursday, November 13, 2008

6 to 8:30 PM

This year at

The Historic

Wheaton Grand Theatre

North Hale Street in Downtown Wheaton

*Bring a prospective member
while enjoying your favorite red or
white varietal*

Your R.S.V.P. is appreciated

Hear Here

By Dr. Terri Lightbody, Au.D
HEARING SPECIALISTS OF DUPAGE
www.thehearingspecialists.com

Cerumen: What is it?

Cerumen. Everyone has it. For most people it is unobtrusive. For others it can interfere with daily living by causing pain, itching, fullness, ringing or buzzing in the ears, and even hearing loss. So what is cerumen anyway? Cerumen is a substance (also known as ear wax) that is secreted by glands in the external ear canal. It can either have a yellow or brown appearance and can be soft and moist or dry and flaky.

Where does it come from?

Cerumen forms in the outer ear canal. The ear canal is a tube that runs from the side of the head inward towards the eardrum. The skin that lines the ear canal has several sets of glands, including the sebaceous glands that secrete an oily, fatty substance- a major product of which is cerumen.

Why do we have it?

Cerumen has many anti-bacterial and antifungal agents that protect the ear canal from infection. Additionally, cerumen also provides lubrication so the ear canal does not become dry and itchy. The combination of hair follicles and wax within the ear canal also works to block sand and dust particles from entering the ear.

Problems that can occur:

Earwax moves out of the ear canal naturally by movement of the jaw during chewing and speaking. When this does not occur, an accumulation of wax can start to build up in the ear canal. Factors that can lead to impaction include:

- Individuals who obsessively try to clean their ears to remove the wax
- A twisted, narrow, or torturous ear canal
- Ears that overproduce cerumen
- Age (elderly are more prone)

Hearing Loss

A build up of cerumen that blocks the ear canal (impacted wax) can cause

hearing loss. Individuals who attempt to clean our their ear canals by using cotton swabs often push cerumen deeper into the ear canal, which can injure the ear canal or even damage the ear drum. Cerumen impaction can also result from placing a hearing aid in the ear canal. The obstruction of acoustic sound entering the ear canal to the eardrum, caused by total blockage of the ear canal, can result in hearing loss. Impacted cerumen is the simplest and easiest treatable form of hearing loss. Hearing is restored to normal when the cerumen is removed by a trained professional- either an Audiologist or ENT doctor.

How is cerumen impaction diagnosed?

Your doctor will ask about your symptoms and medical history. You doctor will also look into your ear with a special flashlight called an otoscope to look for impacted earwax.

Treatment

Treatment involves removal of the earwax from the ear canal. Treatment options include removal of cerumen using either a curette (a small instrument shaped like a scoop) or a suction. Other techniques involve squirting water into the ear canal to flush out the earwax or by using a liquid-like solution (a ceruminolytic agent) which is dropped into the ear to soften the earwax and help ease removal. Your hearing healthcare provider can determine which method is best for you.

You may need to have your ears cleaned out on a regular basis if you overproduce cerumen. You can set up a schedule with your hearing healthcare provider as to when you should get the wax removed- typically this is every 6 to 12 months.

To avoid cerumen impaction:

- Do not clean your ears with anything other than a soapy washcloth on the outer rim of your ear.
- Do not use cotton-tipped swabs or Bobbie pins to clean inside your ear
- If you are concerned about earwax, see your doctor. Do not attempt to remove the earwax by yourself.

Officers

| | | |
|--------------------|---------------------|--------------|
| President | Jim Atten | 630-260-1500 |
| Vice President | Tony Ladd | 630-752-5748 |
| Secretary | Bob Clavel | 630-668-1515 |
| Treasurer | Christopher Barton | 630-933-0900 |
| Tail Twister | Glenn Auble | 630-995-5844 |
| Asst. Tail Twister | Don Fischer | 630-545-0900 |
| Lion Tamer | Ed Lambke | 630-668-8688 |
| Past President | Dr. Terri Lightbody | 630-580-5777 |

Board of Directors

| | |
|-----------------------|-----------------------------|
| One year Directors: | Pat McEvoy, Martin Findling |
| Two Year Directors: | Bob Haeger, Ern Kovacs |
| Three Year Directors: | Steve Lederman, Frank Steck |

Committees

| | | |
|--------------------|----------------|--------------|
| Sight & Hearing | Neil Pollock | 630-665-8400 |
| Fund-raising | John Sheahin | 630-653-0078 |
| Program Director | Dorothy Troyer | 630-665-7562 |
| Publicity Director | Bud Roeser | 630-668-3885 |

Mailing Address: Wheaton Lions Club, PO Box 296, Wheaton, IL 60187