

The Lions' Tales

WHEATON LIONS
MONTHLY
NEWSLETTER

Serving the Sight and Hearing Impaired.



Wheaton LIONS Club Den
Established October 23, 1923

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • January, 2009

"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays

www.wheatonlions.org Vol. 11, No. 1

Seeing Our Way

By Dorothy Troyer,
SPECTRIOS INSTITUTE FOR LOW VISION

YOU NEVER KNOW

You never know when you will need certain information or equipment. Until my recent adventure with a broken hip, I didn't know that a "sock aid" could help me put on my socks without bending over. I had no idea how handy a reacher could be to retrieve things dropped. I even got two so that if I dropped one reacher, I could pick it up with the other one.

Hopefully none of you will ever have to learn the lessons I've learned this past month, but you may find that knowing about resources for persons who are visually impaired will benefit a family member, a neighbor or even you.

Once you learn that you have an eye condition that cannot be corrected in conventional ways, you will head right to Spectrios Institute for Low Vision where you will learn what optical devices will keep you independent and doing most of the things you enjoy. But are you aware of programs designed for adults with visual impairments?

NEDSRA provides programs that give people with similar vision problems an opportunity to have fun as well as to share their experiences. Here's what is available during January, February and March of 2009:

There's a Football Tailgate Party, A Valentine's Day Prep Night, a trip to the Ice Sculpture Festival in Downers Grove, an Out to the Movies Night and a Dinner and Shopping trip to Yorktown Mall.

To find out more about these activities, phone 630-620-4500. You can also visit their web site www.nedsra.org.

Christmas Auction A Great Success

Our annual Christmas Auction and Raffle Luncheon was held December 16, this year in the new Wheaton Arrowhead Golf Club facility. Thanks to Lion Mike Benard, who is director of the Wheaton Park District, all the guests and members enjoyed a wonderful event in a classy venue.



Lions Neil Pollock, Keith Carlson, Mike Gresk and our president Jim Atten after working hard to make our annual Christmas auction a rousing success.



Lion Neil Pollock was the Auctioneer extraordinaire once again. His leadership produced maximum fund raising the made this year to best year yet. Thanks to the generosity of the members and guests who bid up on the fine items and events. Special thanks to Lion Mike Gresk who lead the raffle ticket selling success.

Upcoming Events...

NEW: View "My Lions" Video on WCTV Channel 17: 10 am, 2 pm and 6 pm Wednesdays.

December 31— No Meeting,
New Years day

April 14— No Meeting,
Spring Break

Birthdays:

January 08 ----- Keith Carlson
January 13 ----- Lucky Gosain
January 13 ----- Ray Shepardson
January 16 ----- Jim Gumm
January 23 ----- Vince Loiacono
January 24 ----- Marty Findling
February 02 Dorothy French
February 03 Jeff Kincaid
February 04 Bruce Schurman
February 09 Steve Lederman
February 09 John Stock
February 12 John Litz
February 15 John Mulkerin
February 21 Richard Drury
February 22 Bill Langman
February 22 Jim Atten
February 22 Don Fischer
February 23 Joe Morrissey
February 24 Bud Roeser

Thought for the Day . . .

"The aim of justice is to give everyone his due."

-Cicero

Membership Directory

To obtain a copy, please contact
Lion Jim Ellingson at 630-665-9471

Please send news for the February issue
by January 28, to Bud Roeser
Fax: 630-668-4599 • Tel: 630-668-3885
email: broeser@hayesadv.com

Speakers Calendar

January 06

Sponsor: Lion Christopher Barton
 Speaker: Doug Eyles, Trust Co. of Illinois
 Topic: The Economy and You

January 13

Sponsor: Lion Dr. Bob Weber
 Speaker: Dr. Greg Doerfler, Oral Surgeon
 Topic: My Experiences in Iraq

January 20

Sponsor: Lion Clyde Kautz
 Speaker: Don Rose, Wheaton City Mgr.
 Topic: State of the City Wheaton

January 27

Sponsor: Lion Mike Williams
 Speaker: TBA
 Topic: What's new at Cosby Zoo?

February 03

Sponsor: Lion Glen Auble
 Speaker: Nancy Rex
 Topic: Tell Me About Wheaton Lions

February 10

Sponsor: Lion Mike Vivoda
 Speaker: Dr. Tom Cornwell
 Topic: Home Care Physicians

February 17

Sponsor: Lion Stacy Huels
 Speaker: Brook McDonald
 Topic: Conversation Foundation

February 24

Sponsor: Lion Randy Bruns
 Speaker: TBA
 Topic: TBA

March 03

Sponsor: Lion Lou Deardorff
 Speaker: TBA
 Topic: TBA

March 10

Sponsor: Lion Russ Adkins
 Speaker: TBA
 Topic: TBA

March 17

Sponsor: Lion Karen Lellios
 Speaker: TBA
 Topic: TBA

March 24

Sponsor: Lion Gary Crocus
 Speaker: TBA
 Topic: TBA

March 31

Sponsor: Lion Lucky Gosain

Hear Here

By Dr. Terri Lightbody, Au.D
 HEARING SPECIALISTS OF DuPAGE
www.thehearingspecialists.com



Regenerating Inner Hair Cells

In the United States, an estimated 1 in 10 people, or 29 million people, are hard of hearing. These numbers are increasing as the 'baby-boomers' age and our lives get louder. Many of these people are in denial and wait many years before seeking hearing help by having their hearing tested and obtaining an accurate diagnosis. Many individuals with hearing loss are not thrilled about the possibility of having to wear hearing aids and seem to be waiting until "something better" comes along.

Our ears never sleep. We cannot "turn them off", not even when we are asleep. Every day we are exposed to lots of sounds, many of them at dangerously loud levels. These factors can damage our inner hair cells within the hearing organ called the Cochlea. Once the hair cells are damaged, there is no way to replace them. The more damage that occurs, the more hearing loss we experience. In most individuals with hearing loss, using hearing aids is the best way to improve communication ability and restore to a better life-style.

There is some promising research that is creating a large 'buzz' in the Audiology community. Scientists around the world are working on regenerating inner hair cells through stem cell research. I know that stem cell research is controversial, however hearing scientists believe that hair cells can be regenerated in this manner. The research is mostly performed on mice (their auditory mechanism closely resembles that of humans) where stem cells are used to replace or regenerate

destroyed tissues.

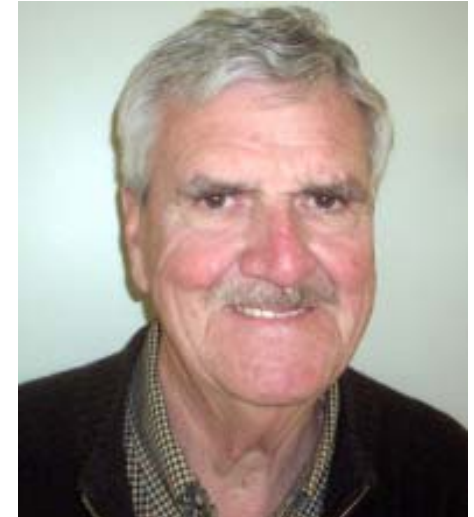
While there is no surgical remedy or curative elixir yet, most scientists agree that a treatment will be discovered someday. It will be exciting to watch the research and see what the future brings. Hearing aids are not perfect, but until then further research is done, hearing aids are still our best solution.

New Members

Please welcome our new members



Lion Steve Bailey



Lion Jack Aylward

Officers

President	Jim Atten	630-260-1500	
Vice President	Tony Ladd	630-752-5748	tony.ladd@wheaton.edu
Secretary	Bob Clavel	630-668-1515	rclavel@ameritech.net
Treasurer	Christopher Barton	630-933-0900	cbarton@commbank-wge.com
Tail Twister	Glenn Auble	630-995-5844	glennauble@sbcglobal.net
Asst. Tail Twister	Don Fischer	630-545-0900	dfischer@commbank-wge.com
Lion Tamer	Ed Lambke	630-668-8688	
Past President	Dr. Terri Lightbody	630-580-5777	hearspecialists@aol.com

Board of Directors

One year Directors: Pat McEvoy, Martin Findling
 Two Year Directors: Bob Haeger, Ern Kovacs
 Three Year Directors: Steve Lederman, Frank Steck

Committees

Sight & Hearing Neil Pollock 630-665-8400 neil.p@wildblue.net
 Fund-raising John Sheahin 630-653-0078 jsheahin@comcast.net
 Program Director Dorothy Troyer 630-665-7562 dorothytroyer@sbcglobal.net
 Publicity Director Bud Roeser 630-668-3885 broeser@hayesadv.com

Mailing Address: Wheaton Lions Club, PO Box 296, Wheaton, IL 60187