

# The Lions' Tales

WHEATON LIONS  
MONTHLY  
NEWSLETTER



Wheaton LIONS Club Den  
Established October 23, 1923

*Serving the Sight and Hearing Impaired.*

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • September, 2009

*"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays*

[www.wheatonlions.org](http://www.wheatonlions.org) Vol. 11, No. 9

## Seeing Our Way

By Dorothy Troyer,  
SPECTRIOS INSTITUTE FOR LOW VISION

### THESE ARE THINGS YOU NEED TO KNOW

When visiting your eye care professional, the best way to get the information you need is to ask for it.

The doctor might seem impatient, and there may be other patients behind you. Forget all that. Just ask:

1. What's the diagnosis?
2. What caused my condition?
3. Can my condition be treated?
4. What are the benefits of the treatment and how successful is it?
5. What are the risks and possible side effects associated with this treatment?
6. What new symptoms should I watch for?
7. Should I begin making any life-style changes?
8. How often should I see you or any other eye specialist?
9. Are there food/drugs/activities I should avoid while undergoing this treatment?
10. What kind of tests are involved?
11. What do you expect to find out from these tests?
12. When will we know the results?
13. Do I have to do anything special to prepare for these tests?
14. Do the tests carry any risk or side effects?
15. Will you send the test results to my primary care physician?
16. You say I'll continue to have problems with my vision and that glasses won't help. What now?

Do you know of anything that will help, such as magnification, special

*Continued to Pg. 2 Eye care. . .*

## Golf Outing & Steak-Fry at Cantigny Golf Club Great Success

The Wheaton Lions Charities has been serving the Wheaton Community for 86 years by providing services and equipment for the visually and hearing impaired. Funding for these services is provided by such activities as our annual August Golf Outing and our October Candy Day. Your support for these fund raising activities is vital to our continued commitment to the visually and hearing impaired. We thank you for your support by attending our Golf Outing this year.



*Our Golf Outing Team: Linda and Lion Tony Ladd; Lions Dr. Terri Lightbody, Jim Borsch, Jim McEvoy, Bob Haeger and Jennifer Atten registering the guests.*

### **Please support our 2009 Underwriters**

Community Bank-Wheaton/ Glen Ellyn, Lion President Tony Ladd and Trust Company of Illinois

### **Please support our 2009 Hole Sponsors**

Alphagraphics, Cantigny Golf, Catavo, Inc., CWT- Culligan Water, First Choice Bank, Forum Financial Management, Hofner & Hofner, LLC, CPA's, Langan, Haeger, Vincent & Born, Inc., PHN Architects, Ltd./PHN Construction, Realty Executives Premiere, Wheaton Bank & Trust, Wheaton Nurseries.

## Upcoming Events...

- September 08— No meeting, Labor Day week  
October 06— No meeting, Candy Day Week  
October 9 & 10— Candy Days  
November 17— Thanksgiving Lunch on  
Wheaton College campus  
November 24—No meeting Thanksgiving Week  
December 15—Christmas Auction at  
Arrowhead Golf Club  
December 22—No meeting, Christmas Week  
December 29—No meeting, New Year's Week

### Birthdays:

- September 02 ----- Ed Green  
September 11 ----- Steve Maney  
September 13 ----- Finny Rajchel  
September 16 ----- Harold Gaede  
September 18 ----- John Orr  
September 19 ----- Greg McBeth  
September 30 ----- Ed Lambke  
October 02 ---- Christopher Barton  
October 15 ----- Pat McEvoy  
October 17 ----- Chuck DiVito  
October 18 ----- Linda Wallace  
October 22 ----- Neil Pollock  
October 27 ----- Doug Holzrichter  
October 29 ----- Jim Herrmann

### Thought for the Day . . .

*Old age is 'when you still have something on the ball, but you are just too tired to bounce it.'*

### Membership Directory

To obtain a copy, please contact  
Lion Jim Ellingson at 630-665-9471

Please send news for the October issue  
by September 29, to Bud Roeser  
Fax: 630-668-4599 • Tel: 630-668-3885  
email: [broeser@hayesadv.com](mailto:broeser@hayesadv.com)

# Speakers Calendar

## September 01

Sponsor: Lion Tom Meloni  
 Speaker: Mr. & Mrs Skip Pearson  
 Topic: Awards given by Lions to Firemen and Police

## September 08 No Meeting, Labor Day

## September 15

Sponsor: Lion Dave McLinden  
 Speaker: Dan Proft  
 Topic: How growing up in Wheaton has prepared me to be Governor

## September 22

Sponsor: Lion Joel Riley  
 Speaker: Kathine Keller  
 Topic: Sight I-II

## September 29

Sponsor: Lion Doug Holzrichter  
 Speaker: Mousehart Director  
 Topic: TBA

## October 06 No Meeting Candy days

## October 13

Sponsor: Lion Alan Mossman  
 Speaker: Jody Kanikula  
 Topic: In-Home Senior Respite Program

## October 20

Sponsor: Lion Steve Maney  
 Speaker: TBA  
 Topic: TBA

## October 27

Sponsor: Lion Bill Guild  
 Speaker: TBA  
 Topic: TBA

## November 03

Sponsor: Lion Joe Hoff  
 Speaker: Susan Broad  
 Topic: DuPage Children's Museum

## November 10

Sponsor: Lion Ken Knicker  
 Speaker: U.S. Rep. Peter Roskam  
 Topic: DuPage Children's Museum

## Eye Care... Continued from page 1.

devices or services especially for people like me?

If you get through all these questions, the answer to #16 should be a referral to Spectrios Institute for Low Vision.

# Hear Here

By Dr. Terri Lightbody, Au.D  
 HEARING SPECIALISTS OF DuPAGE  
[www.thehearingspecialists.com](http://www.thehearingspecialists.com)



## 10 Myths about hearing loss & hearing aids

Myth #1: *Hearing loss only affects the elderly.*

FACT: 31.5 million people in the United States have some form of hearing loss. Many adults in their 40's and 50's are admitting to difficulty hearing and understanding in some listening environments. Hearing loss comes in many different types and has several different causes.

Myth #2: *I would be able to tell if I had a hearing loss.*

FACT: Most people don't know they have a mild to moderate hearing loss. They tend to blame their difficulties on others - complaining that others are mumbling or speaking too softly. Spouses and family members often become aware of a person's hearing loss before they do. Many patients that go to see an Audiologist for hearing testing do so at the urging of a family member, friend or coworker.

Myth #3: *My hearing loss doesn't affect me.*

FACT: A person who has hearing loss typically struggles in situations where there is a lot of noise, such as a party, restaurant or meeting. Without being aware of making such choices, the person with a hearing loss will gradually avoid parties or restaurants because of the difficulty of the surroundings. Hearing loss can contribute to social isolation, a decrease in self-esteem, depression and less satisfaction with relationships.

Myth #4: *I can hear just fine out of my "good" ear.*

FACT: Two ears are better than one! We were given two ears for a reason. Our brain processes sound that we hear through both ears, allowing us to localize sound and understand speech better. If there is a sudden hearing loss in one ear, it is important to get a hearing evaluation immediately since this could indicate a medical need.

Myth #5: *Hearing loss can't really be helped.*

FACT: More than 90% of people with hearing loss can be helped with today's advanced technology.

Myth #6: *Even though I have hearing loss, I can wait until my hearing gets worse before I get*

*hearing aids.*

FACT: Sensory deprivation can affect your hearing ability. The longer the hearing loss goes untreated, the more likely that the hearing loss will not only worsen, but also diminish the ability to process speech and sounds. As our bodies age, our auditory processing in the brain also ages, getting slower. When a person with hearing loss waits for an extended period of time to be treated, that person can decrease their chance to be treated successfully.

Myth #7: *Hearing aids will make me look old.*

FACT: Many hearing aids today are very small and cosmetically unnoticeable. Most people feel that the indicators of hearing loss (missing out on conversation or incorrectly answering a question) make you look older than a hearing aid does. Don't let this happen to you.

Myth #8: *Hearing aids don't help in noisy environments.*

FACT: The greatest advancement in hearing aid technology is the development of hearing devices that can detect speech coming from the front and noise from the back and effectively suppress the noise so that the speech is enhanced. This technology wasn't available a decade ago.

Myth #9: *All hearing aids are basically the same.*

FACT: Wrong! Digital hearing aids are like minicomputers with changing technologies and advancements. Some manufacturers specialize in more economic hearing aids that somewhat limit the gain and quality that their hearing aids provide. Other manufacturers provide up-to-date technology (integrated circuitry, multi-channels, high-fidelity amplifiers and receivers) that provides optimal natural sound quality as well as the flexibility to adapt to different environments. Just picture a hearing aid that "thinks". Advances in technology allow the Audiologist to program a hearing aid that suits the wearer's life-style and needs. To try the most advanced digital technology, call our office at (630) 580-5777 to schedule an appointment.

Myth #10: *All hearing tests are the same.*

FACT: Not so. Those facilities that provide "free" hearing tests usually leave out certain key parts of a hearing test because the test is "free". It is important to have a **comprehensive** hearing evaluation that includes; a complete test of all speech frequencies, speech discrimination testing, and middle and inner ear testing. This is critical for the Audiologist to properly treat and fit the patient for their hearing loss. The Audiology Foundation of America recommends that patients see a Doctor of Audiology (Au.D.).

## Officers

President	Tony Ladd	630-752-5748	tony.ladd@wheaton.edu
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Past President	Jim Atten	630-260-1500	

## Board of Directors

One year Directors: ..... Bob Haeger, Ern Kovacs  
 Two Year Directors: ..... Steve Lederman, Frank Steck  
 Three Year Directors: ..... Dr. Terri Lightbody, Brad Pihl

## Committees

Sight & Hearing Neil Pollock ..... 630-665-8400 ..... neil.p@wildblue.net  
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