

# The Lions' Tales

WHEATON LIONS  
MONTHLY  
NEWSLETTER

*Serving the Sight and Hearing Impaired.*



Wheaton LIONS Club Den  
Established October 23, 1923

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • October, 2009

*"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays*

[www.wheatonlions.org](http://www.wheatonlions.org) Vol. 11, No. 10

## Seeing Our Way

By Dorothy Troyer,  
SPECTRIOS INSTITUTE FOR LOW VISION

### YOU NEVER KNOW

You never know when you will need certain information or equipment. Until my recent adventure with a broken hip, I didn't know that a "sock aid" could help me put on my socks without bending over. I had no idea how handy a reacher could be to retrieve things dropped. I even got two so that if I dropped one reacher, I could pick it up with the other one.

Hopefully none of you will ever have to learn the lessons I've learned this past month, but you may find that knowing about resources for persons who are visually impaired will benefit a family member, a neighbor or even you.

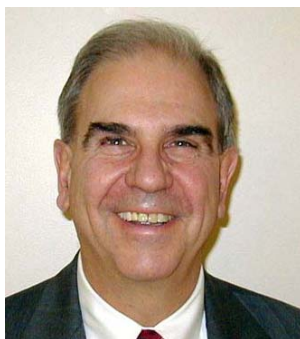
Once you learn that you have an eye condition that cannot be corrected in conventional ways, you will head right to Spectrios Institute for Low Vision where you will learn what optical devices will keep you independent and doing most of the things you enjoy. But are you aware of programs designed for adults with visual impairments?

NEDSRA provides programs that give people with similar vision problems an opportunity to have fun as well as to share their experiences. Here's what is available during January, February and March of 2009:

There's a Football Tailgate Party, A Valentine's Day Prep Night, a trip to the Ice Sculpture Festival in Downers Grove, an Out to the Movies Night and a Dinner and Shopping trip to Yorktown Mall. To find out more about these activities, phone 630-620-4500. You can also visit their web site [www.nedsra.org](http://www.nedsra.org)

## 2009 Candy Days A Great Success

Wheaton Lions Charities has been serving the Wheaton Community for 86 years by providing services and equipment for the visually and hearing impaired. Funding for these services is provided by such activities as our annual October Candy Day.



This year's event, lead by LION John Sheahin, was a big success.. . better than in recent years. Lion Rod Irely collected \$266 in his first year collecting. Lion Glen Auble was runner-up with \$195.

LION John Sheahin said "Your support for these fund raising activities is vital to our continued commitment to the visually and hearing impaired. We thank you for your support by participating in our event this year."

## Wine Festival

Thursday November 19, 2009  
6:30 till 9:00 pm

This year at

**The Golf Academy at Cantigny**  
Wines by Tasting DeVine on  
Front Street

Bring a prospective member and your spouse. Enjoy a light dinner and your favorite red or white wine.

## Upcoming Events...

October 06— No meeting, Candy Day Week

October 9 & 10— Candy Days

November 17— Thanksgiving Lunch on  
Wheaton College campus

November 19— Wine Festival

November 24—No meeting  
Thanksgiving Week

December 15—Christmas Auction at  
Arrowhead Golf Club

December 22—No meeting, Christmas Week

December 29—No meeting, New Year's Week

### Birthdays:

October 02 ---- Christopher Barton

October 15 ----- Pat McEvoy

October 17 ----- Chuck DiVito

October 18 ----- Linda Wallace

October 22 ----- Neil Pollock

October 27 ----- Doug Holzrichter

October 29 ----- Jim Herrmann

November 01 ----- Ken Knicker

November 03 ----- Joe Gorup

November 04 ----- Conrad Stoll

November 07 ----- Brad Pihl

November 10 ----- Jack Aylward

November 10 ----- John Vires

November 16 ---- Terri Lightbody

November 18 ----- Jim Ellingson

November 18 ---- Jerry Schurmeir

November 23 ----- Mike Reese

November 25 ---- Dorothy Troyer

### Thought for the Day . . .

*"Enthusiasm is a virtue rarely to be met with in seasons of calm and unruffled prosperity."*

— Thomas Chalmers

### Membership Directory

To obtain a copy, please contact  
Lion Jim Ellingson at 630-665-9471

Please send news for the November issue  
by October 29, to Bud Roeser  
Fax: 630-668-4599 • Tel: 630-668-3885  
email: [broeser@hayesadv.com](mailto:broeser@hayesadv.com)

# Speakers Calendar

**October 06 No Meeting Candy days**

**October 13**

Sponsor: Lion Alan Mossman

Speaker: Jody Kanikula

Topic: In-Home Senior Respite Program

**October 20**

Sponsor: Lion Steve Maney

Speaker: Gary Muhlfeldt

Topic: Milton Twp. Highways

**October 27**

Sponsor: Lion Mike Gresk

Speaker: Deb Olson

Topic: Running for DuPage Cty Sup.

**November 03**

Sponsor: Lion Joe Hoff

Speaker: Susan Broad

Topic: DuPage Children's Museum

**November 10**

Sponsor: Lion Ken Knicker

Speaker: U.S. Rep. Peter Roskam

Topic: Congressional Perspective

**November 17**

Sponsor: Lion Tony Ladd

Thanksgiving Lunch

on Wheaton College campus

**November 24**

No Meeting Thanksgiving week

**December 1**

Sponsor: Lion Doug Holzrichter

Speaker: Allan Goldstein

Topic: Something special

**December 8**

Sponsor: Lion Tony Ladd

Speaker: Dennis Hastert

Topic: It's been a long time

**December 15**

Sponsor: Lion Mike Bernard

Christmas Auction at Arrowhead Golf

**December 22**

No meeting, Christmas Week

**December 29**

No meeting, New Year's Week

# Hear Here

By Dr. Terri Lightbody, Au.D  
HEARING SPECIALISTS OF DuPAGE  
[www.thehearingspecialists.com](http://www.thehearingspecialists.com)



## 10 Myths about hearing loss & hearing aids

Myth #1: *Hearing loss only affects the elderly.*

FACT: 31.5 million people in the United States have some form of hearing loss. Many adults in their 40's and 50's are admitting to difficulty hearing and understanding in some listening environments. Hearing loss comes in many different types and has several different causes.

Myth #2: *I would be able to tell if I had a hearing loss.*

FACT: Most people don't know they have a mild to moderate hearing loss. They tend to blame their difficulties on others - complaining that others are mumbling or speaking too softly. Spouses and family members often become aware of a person's hearing loss before they do. Many patients that go to see an Audiologist for hearing testing do so at the urging of a family member, friend or coworker.

Myth #3: *My hearing loss doesn't affect me.*

FACT: A person who has hearing loss typically struggles in situations where there is a lot of noise, such as a party, restaurant or meeting. Without being aware of making such choices, the person with a hearing loss will gradually avoid parties or restaurants because of the difficulty of the surroundings. Hearing loss can contribute to social isolation, a decrease in self-esteem, depression and less satisfaction with relationships.

Myth #4: *I can hear just fine out of my "good" ear.*

FACT: Two ears are better than one! We were given two ears for a reason. Our brain processes sound that we hear through both ears, allowing us to localize sound and understand speech better. If there is a sudden hearing loss in one ear, it is important to get a hearing evaluation immediately since this could indicate a medical need.

Myth #5: *Hearing loss can't really be helped.*

FACT: More than 90% of people with hearing loss can be helped with today's advanced technology.

Myth #6: *Even though I have hearing loss, I can wait until my hearing gets worse before I get*

*hearing aids.*

FACT: Sensory deprivation can affect your hearing ability. The longer the hearing loss goes untreated, the more likely that the hearing loss will not only worsen, but also diminish the ability to process speech and sounds. As our bodies age, our auditory processing in the brain also ages, getting slower. When a person with hearing loss waits for an extended period of time to be treated, that person can decrease their chance to be treated successfully.

Myth #7: *Hearing aids will make me look old.*

FACT: Many hearing aids today are very small and cosmetically unnoticeable. Most people feel that the indicators of hearing loss (missing out on conversation or incorrectly answering a question) make you look older than a hearing aid does. Don't let this happen to you.

Myth #8: *Hearing aids don't help in noisy environments.*

FACT: The greatest advancement in hearing aid technology is the development of hearing devices that can detect speech coming from the front and noise from the back and effectively suppress the noise so that the speech is enhanced. This technology wasn't available a decade ago.

Myth #9: *All hearing aids are basically the same.*

FACT: Wrong! Digital hearing aids are like minicomputers with changing technologies and advancements. Some manufacturers specialize in more economic hearing aids that somewhat limit the gain and quality that their hearing aids provide. Other manufacturers provide up-to-date technology (integrated circuitry, multi-channels, high-fidelity amplifiers and receivers) that provides optimal natural sound quality as well as the flexibility to adapt to different environments. Just picture a hearing aid that "thinks". Advances in technology allow the Audiologist to program a hearing aid that suits the wearer's life-style and needs. To try the most advanced digital technology, call our office at (630) 580-5777 to schedule an appointment.

Myth #10: *All hearing tests are the same.*

FACT: Not so. Those facilities that provide "free" hearing tests usually leave out certain key parts of a hearing test because the test is "free". It is important to have a **comprehensive** hearing evaluation that includes; a complete test of all speech frequencies, speech discrimination testing, and middle and inner ear testing. This is critical for the Audiologist to properly treat and fit the patient for their hearing loss. The Audiology Foundation of America recommends that patients see a Doctor of Audiology (Au.D.).

## Officers

President	Tony Ladd	630-752-5748	tony.ladd@wheaton.edu
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Lion Tamer	Ed Lambke	630-668-8688	
Past President	Jim Atten	630-260-1500	

## Board of Directors

One year Directors: Bob Haeger, Ern Kovacs  
Two Year Directors: Steve Lederman, Frank Steck  
Three Year Directors: Dr. Terri Lightbody, Brad Pihl

## Committees

Sight & Hearing Neil Pollock 630-665-8400 neil.p@wildblue.net  
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Membership Jim Ellingson 630-665-9471 jrebrew1@sbcglobal.net  
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