

The Lions' Tales

WHEATON LIONS
MONTHLY
NEWSLETTER

Serving the Sight and Hearing Impaired.



Wheaton LIONS Club Den
Established October 23, 1923

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • November 2009

"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays

www.wheatonlions.org Vol. 11, No. 11

Seeing Our Way

By Dorothy Troyer,
SPECTRIOS INSTITUTE FOR LOW VISION

STRENGTHEN YOUR BRAIN

Ernest Hemingway was once challenged to tell a story in only six words. His story: "For sale: baby shoes, never worn." In a recent newsletter from Fairfield, a Retirement Community in Downers Grove, readers were challenged to create similar stories. Here are a few of the results:

"Defined at 21. Redefined at 70."

"Nearing 60, still on rough draft."

"Anything's possible with an extension cord."

"If there's more, I want it."

AARP took the idea one step further. In each on-line and print issue they feature a theme and challenge their readers to tell a story about it in 6 words. Anything AARP readers can do, Wheaton Lions can do just as good or better. The theme is Lions. Let's see your 6 word stories.

Possibilities:

"Candy Days. Sweet words. Small donations."

"Rain or shine. Lion Candy Days."

"Oh my! Apple pie. Diet tomorrow."

"The world is Lions' oyster. Gulp!"

All efforts accepted and will be printed in December Lions Tales. Can be submitted anonymously if desired.

Welcome Our New Vice-President

Lion Jennifer Atten has announced her resignation as our Vice-president, effect immediately. Lion Jennifer's personal duties have changed and she needs to devote more time outside Lions.

Our President Lion Tony Ladd announced the change at the November Board meeting. Lion Dr. Terri Lightbody, our past President two years ago, has volunteered to complete Jennifer's term. Lion Terri will continue serving her 3-year Board of Director member position. Dr. Lightbody also serves on the Benevolent Committee.



Wine Festival

Thursday November 19, 2009
6:30 till 9:00 pm

This year at

The Golf Academy at Cantigny
Wines by Tasting DeVine on
Front Street

Bring a prospective member and your spouse. Enjoy a light dinner and your favorite red or white wine.

Upcoming Events...

November 17— Thanksgiving Lunch on
Wheaton College campus

November 19— Wine Festival

November 24—No meeting

Thanksgiving Week

December 15—Christmas Auction at
Arrowhead Golf Club

December 22—No meeting, Christmas Week

December 29—No meeting, New Year's Week

Birthdays:

November 01 ----- Ken Knicker

November 03 ----- Joe Gorup

November 04 ----- Conrad Stoll

November 07 ----- Brad Pihl

November 10 ----- Jack Aylward

November 10 ----- John Vires

November 16 ---- Terri Lightbody

November 18 ----- Jim Ellingson

November 18 ---- Jerry Schurmeir

November 23 ----- Mike Reese

November 25 ----- Dorothy Troyer

December 05 ----- Jim Huck

December 07 ----- Jennifer Atten

December 07 ----- Stacey Huels

December 09 ----- Dale Davis

December 09 ----- Joe Hoff

December 11 ----- Mike Vivoda

December 14 ----- Tim FitzSimons

December 16 ----- Scott Shorney

December 23 ----- Barry Cobb

December 30 ----- Jim Borsch

Thought for the Day . . .

Life is like eating artichokes, you have got to go through so much to get so little.

— Thomas Aloysius Dorgan

Membership Directory

To obtain a copy, please contact
Lion Jim Ellingson at 630-665-9471

Please send news for the December issue
by November 29, to Bud Roeser
Fax: 630-668-4599 • Tel: 630-668-3885
email: broeser@hayesadv.com

Speakers Calendar

November 03

Sponsor: Lion Joe Hoff
 Speaker: Susan Broad
 Topic: DuPage Children's Museum

November 10

Sponsor: Lion Ken Knicker
 Speaker: U.S. Rep. Peter Roskam
 Topic: Congressional Perspective

November 17

Sponsor: Lion Tony Ladd
 Thanksgiving Lunch
 on Wheaton College campus

November 24

No Meeting Thanksgiving week

December 1

Sponsor: Lion Doug Holzrichter
 Speaker: Allan Goldstein
 Topic: Something special

December 8

Sponsor: Lion Tony Ladd
 Speaker: Dennis Hastert
 Topic: It's been a long time

December 15

Sponsor: Lion Mike Bernard
 Christmas Auction at Arrowhead Golf

December 22

No meeting, Christmas Week

December 29

No meeting, New Year's Week

Hear Here

By Dr. Terri Lightbody, Au.D
 HEARING SPECIALISTS OF DuPAGE
www.thehearingspecialists.com



10 Myths about hearing loss & hearing aids

Myth #1: *Hearing loss only affects the elderly.*

FACT: 31.5 million people in the United States have some form of hearing loss. Many adults in their 40's and 50's are admitting to difficulty hearing and understanding in some listening environments. Hearing loss comes in many different types and has several different causes.

Myth #2: *I would be able to tell if I had a hearing loss.*

FACT: Most people don't know they have a mild to moderate hearing loss. They tend to blame their difficulties on others - complaining that others are mumbling or speaking too softly. Spouses and family members often become aware of a person's hearing loss before they do. Many patients that go to see an Audiologist for hearing testing do so at the urging of a family member, friend or coworker.

Myth #3: *My hearing loss doesn't affect me.*

FACT: A person who has hearing loss typically struggles in situations where there is a lot of noise, such as a party, restaurant or meeting. Without being aware of making such choices, the person with a hearing loss will gradually avoid parties or restaurants because of the difficulty of the surroundings. Hearing loss can contribute to social isolation, a decrease in self-esteem, depression and less satisfaction with relationships.

Myth #4: *I can hear just fine out of my "good" ear.*

FACT: Two ears are better than one! We were given two ears for a reason. Our brain processes sound that we hear through both ears, allowing us to localize sound and understand speech better. If there is a sudden hearing loss in one ear, it is important to get a hearing evaluation immediately since this could indicate a medical need.

Myth #5: *Hearing loss can't really be helped.*

FACT: More than 90% of people with hearing loss can be helped with today's advanced technology.

Myth #6: *Even though I have hearing loss, I can wait until my hearing gets worse before I get*

hearing aids.

FACT: Sensory deprivation can affect your hearing ability. The longer the hearing loss goes untreated, the more likely that the hearing loss will not only worsen, but also diminish the ability to process speech and sounds. As our bodies age, our auditory processing in the brain also ages, getting slower. When a person with hearing loss waits for an extended period of time to be treated, that person can decrease their chance to be treated successfully.

Myth# 7: *Hearing aids will make me look old.*

FACT: Many hearing aids today are very small and cosmetically unnoticeable. Most people feel that the indicators of hearing loss (missing out on conversation or incorrectly answering a question) make you look older than a hearing aid does. Don't let this happen to you.

Myth# 8: *Hearing aids don't help in noisy environments.*

FACT: The greatest advancement in hearing aid technology is the development of hearing devices that can detect speech coming from the front and noise from the back and effectively suppress the noise so that the speech is enhanced. This technology wasn't available a decade ago.

Myth# 9: *All hearing aids are basically the same.*

FACT: Wrong! Digital hearing aids are like minicomputers with changing technologies and advancements. Some manufacturers specialize in more economic hearing aids that somewhat limit the gain and quality that their hearing aids provide. Other manufacturers provide up-to-date technology (integrated circuitry, multi-channels, high-fidelity amplifiers and receivers) that provides optimal natural sound quality as well as the flexibility to adapt to different environments. Just picture a hearing aid that "thinks". Advances in technology allow the Audiologist to program a hearing aid that suits the wearer's life-style and needs. To try the most advanced digital technology, call our office at (630) 580-5777 to schedule an appointment.

Myth# 10: *All hearing tests are the same.*

FACT: Not so. Those facilities that provide "free" hearing tests usually leave out certain key parts of a hearing test because the test is "free". It is important to have a **comprehensive** hearing evaluation that includes; a complete test of all speech frequencies, speech discrimination testing, and middle and inner ear testing. This is critical for the Audiologist to properly treat and fit the patient for their hearing loss. The Audiology Foundation of America recommends that patients see a Doctor of Audiology (Au.D.).

Officers

President	Tony Ladd	630-752-5748	tony.ladd@wheaton.edu
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Board of Directors

One year Directors: Bob Haeger, Ern Kovacs
 Two Year Directors: Steve Lederman, Frank Steck
 Three Year Directors: Dr. Terri Lightbody, Brad Pihl

Committees

Sight & Hearing Neil Pollock 630-665-8400 neil.p@wildblue.net
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