

The Lions' Tales

WHEATON LIONS
MONTHLY
NEWSLETTER

Serving the Sight and Hearing Impaired.



Wheaton LIONS Club Den
Established October 23, 1923

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • June, 2010

"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays

www.wheatonlions.org Vol. 12, No. 06

Seeing Our Way

By Dorothy Troyer,
SPECTRIOS INSTITUTE FOR LOW VISION
HAPPINESS IS....

Lion Tracy Williams, often tells his low vision patients that happiness does not depend on how well you see, happiness depends on whether or not you make up your mind to be happy. The following story is a perfect example of that philosophy.

A 92-year-old, well-poised and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home.

His wife of 70 years recently passed away, making the move necessary. After waiting patiently in the lobby of the nursing home, he smiled when told his room was ready. As he maneuvered his walker to the elevator, a nurse provided a visual description of his tiny room, including the eyelet curtains that had been hung on his window.

"I love it," he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mr. Jones, you haven't seen the room" the nurse said.

"That doesn't have anything to do with it," he replied. "Happiness

is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged ... it's how I arrange my mind. I already decided to love it.

It's a decision I make every morning when I wake up. I have a choice; I can

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WALK FOR SIGHT REPORT 2010

Wheaton Lions had 36 Walkers, who got soaked by the downpour.

Only 3 actually walked. Ern Kovacs, Conrad Stoll and his wife Janet Stoll. Ern got there early and walked the 3.2 miles to check for himself the distance and the time it would take to walk it. Ern walked it in 50 minutes. Conrad and Janet were among the first to register at the site and decided to go ahead and start even though the starting time was not scheduled for another 30 minutes. They were almost to the end of the trail when the rain descended.

For those of you who may not have been aware, the Walk was cancelled 10 minutes before the starting time. The three tents blew down. If that had not happened we might have been able to wait it out because the storm was short lived.

In spite of the wind and rain and the tents being blown down, nearly all of the Wheaton Lions had registered before the walk was cancelled and ALL of the funds had been collected. SOOOO...

Wheaton Lions collected \$3836.00 All of that has been turned in and all checks were made out properly to Lions of Illinois Foundation. We should be proud!

40% of the \$3836.00 will be returned to our club to spend for the humanitarian services of our choice. The other 60% will remain with Lions of Illinois Foundation to fund Camp Lions and the Seeing Is Believing program.

We did a bit better in 2010 than in 2009 when we collected \$3095.00 (\$741.00 more).

Thank you all for a job well done. Ern Kovacs will be chairing this event next year.

Walk for Sight Committee
Dorothy Troyer
Ern Kovacs
Dan Williams

Upcoming Events...

June 01 No Meeting-Memorial Day

June 6 Annual Lions of Illinois Walk for Sight

July 4th Parade—Lion Conrad Stoll, Chairman.

See www.wheatonlions.org for details

Birthdays:

June 03 ----- Allen Mossman
June 08 ----- Jim Mathieson
June 08 ----- Byron Powell
June 19 ----- Gerry Dakin
June 21 ----- Cleve Carney
June 22 ----- John Sheahin
July 02 Bob Harris
July 4 Ruth Carlson
July 13 Bob Weber
July 15 Gary Crocus
July 19 Tom Meloni
July 20 Glenn Auble
July 24 Dan Williams
July 29 Lou Deardorff

Thought for the Day . . .

"There's a whiff of the lynch mob or the lemming migration about any overlarge concentration of like-thinking individuals, no matter how virtuous their cause. ."

P. J. O'Rourke

Membership Directory

To obtain a copy, please contact Lion Jim Ellingson at 630-665-9471

Please send news for the July issue by June 28, to Bud Roeser
Tel: 630-668-3885
email: broeser@hayesadv.com

Speakers Calendar

June 01, 2010 No Meeting—Memorial Day Week

June 08, 2010

Sponsor: Lion George Newitt
Speaker: Lion Tracy Williams
Topic: The White Sox Story

June 15, 2010

Sponsor: Lion Gerry Dakin
Speaker: Eddie Arroyo, Chief Steward Ill. Racing Board
Topic: Status of Thoroughbred Racing in Illinois

June 22, 2010

Sponsor: Lion Jim Ellingson
Speaker: Sarah Moskowicz
Dir. Of Citizens Utility Board
Topic: How you can cut your utility bills

June 29, 2010

Sponsor: Lion Stacy Huels
Speaker: Walter Johnson, CEO, Ryall YMCA
Topic: Status of the YMCA Pool Project.

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spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away, just for this time in my life. Old age is like a bank account. You withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories! I am still depositing.

Remember the five simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.

Have a nice day, unless you already have other plans.

Hear Here

By Dr. Terri Lightbody, Au.D
HEARING SPECIALISTS OF DUPAGE
www.thehearingspecialists.com



May is Better Hearing and Speech Month.

For over 75 years, May has been designated as Better Hearing and Speech Month -- a time to raise public awareness, knowledge, and understanding of the various forms of communication impairments to include those of hearing, speech, language, and voice. Communication impairments affect the most vulnerable in our society -- the young, the aged, the disabled, and the poor.

Helen Keller once noted that of all her impairments, she was perhaps troubled most by her lack of speech and hearing. She elaborated, that while blindness separated her from things, her lack of hearing separated her from people -- the human connection of communication.

Audiology (Audiologists) and Speech-Language Pathology (Speech-Language Pathologists) are the professions concerned with the prevention, identification, and treatment of communication impairments. (Both of these professions were rated among the top 50 for job satisfaction in recent Jobs Rated Almanac.)

The National Institute on Deafness and Other Communication Disorders reports that approximately 43,000,000

people in the United States suffer from a speech, voice, language, or hearing impairment. Almost 28,000,000 suffer from a hearing loss. Approximately 10 percent of children have moderate to severe communication impairments.

An estimated 28 million Americans have a hearing loss that can be treated; yet fewer than 7,000,000 use a hearing aid. You could be one of them. Now is a good time to take stock of your own hearing and seek help if you think you may have a problem.

You have a hearing loss if you:

- Frequently ask people to repeat themselves
- Often turn your ear toward a sound to hear it better
- Understand people better when you wear your glasses or look directly at their faces
- Lose your place in group conversations
- Keep the volume on your radio or TV at a level that others say is too loud
- Have pain or ringing in your ears

People who see themselves in these statements should see an audiologist for a hearing test. Even a very slight hearing loss can have an impact on your daily life. Hearing loss is treatable, and there is no reason for anyone to miss all the important sounds of life.

Audiologists test hearing, prescribe hearing aids and assistive listening devices, and they can teach people with hearing loss how to make the most of the sounds they hear.

Officers

President	Tony Ladd	630-752-5748	tony.ladd@wheaton.edu
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Board of Directors

One year Directors: Bob Haeger, Ern Kovacs
Two Year Directors: Steve Lederman, Frank Steck
Three Year Directors: Dr. Terri Lightbody, Brad Pihl

Committees

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