

# The Lions' Tales

WHEATON LIONS  
MONTHLY  
NEWSLETTER

*Serving the Sight and Hearing Impaired.*



Wheaton LIONS Club Den  
Established October 23, 1923

Luncheon Meeting Tuesdays at Noon in the Masonic Building, 120 W. Wesley, Wheaton, IL 60187 • July 2010

*"My Lions" Video on WCTV Channel 17: 10am, 2pm, 6pm Wednesdays*

[www.wheatonlions.org](http://www.wheatonlions.org) Vol. 12, No. 07

## Seeing Our Way

By Dorothy Troyer,  
SPECTRIOS INSTITUTE FOR LOW VISION

### Protect Your Eyes Against UV Rays This Summer

The following is an excerpt from Lighthouse International's Newsletter:

Now that summer is here, pay extra attention to the health of your eyes. Exposure to **ultraviolet A and B (UVA and UVB) rays can damage the retina and cause cataracts and macular degeneration.**

When a child is exposed to UV rays, the damage can be even more significant. Since children generally spend more time in the sun, it's important to limit their exposure. According to the American Academy of Pediatrics, children's eyes, which are sensitive and still developing, are at a greater risk for eye damage until the age of 10. In addition, **80 percent of the total lifetime damage from UV rays occurs by the age of 18.**

The American Optometric Association has found that the lenses of children's eyes are more transparent than adults, increasing their risk of eye damage. **It's imperative for children to wear sunglasses that offer 99 to 100 percent UV protection.** "Make sure that you take care of your children's eyes by buying quality sunglasses that filter out the harmful UV rays of the sun," says Dr. Bruce Rosenthal, Chief of Low Vision Programs at Lighthouse International. "Consult with your eye doctor — optometrist or ophthalmologist — if you have any questions on what is the best protection for your child, especially if they are wearing prescription lenses."

## 4th of July another Fun Parade

Thanks to the generosity of Lions Steve Lederman who provided the wagon and truck, Lion Dr. Conrad Stoll and his committee, Lion Ern Kovacs for his gleaming signs our effort was a success.



Our President Dr. Terri Lightbody with her daughter Lauren getting ready for the parade.



## Upcoming Events...

**July 4th Parade**—Lion Conrad Stoll, Chairman.

See [www.wheatonlions.org](http://www.wheatonlions.org) for details

**August 17**— No meeting, Golf Outing

**August 18**— Golf Outing

### Birthdays:

July 02 ..... Bob Harris  
July 4 ..... Ruth Carlson  
July 13 ..... Bob Weber  
July 15 ..... Gary Crocus  
July 19 ..... Tom Meloni  
July 20 ..... Glenn Auble  
July 24 ..... Dan Williams  
July 29 ..... Lou Deardorff  
August 07 ..... Mike Benard  
August 10 ..... Bob Paszczak  
August 17 ..... Dave McLinden  
August 28 ..... Tony Ladd  
August 31 ..... Scott Cross

### Thought for the Day . . .

*"When buying and selling are controlled by legislation, the first things to be bought and sold are legislators. . ."*

*P. J. O'Rourke*

### Membership Directory

To obtain a copy, please contact  
Lion Scott Shorney 630-665-3200  
[scott@hopepublishing.com](mailto:scott@hopepublishing.com)

Please send news for the August issue  
by July 28, to Bud Roeser  
Tel: 630-668-3885  
email: [broeser@hayesadv.com](mailto:broeser@hayesadv.com)

# Speakers Calendar

## July 06, 2010 No Meeting—4th Of July

### July 13, 2010

Sponsor: Lion Mike Gresk  
 Speaker: Geoffry Gresk  
 Topic: Experiences teaching in Iraq

### July 20, 2010

Sponsor: Lion Richard Miller  
 Speaker: Carol Gugliemetti  
 Topic: LifeLine Screening/stroke prevention

### July 27, 2010

Sponsor: Lion Ern Kovacs  
 Speaker: Chris Chelowa  
 Topic: Child's Voice School for Deaf Children

### August 03, 2010

Sponsor: Lion Dorothy  
 Speaker: Leah Gerlach  
 Topic: Spectrious Computer Day Camp

### August 10, 2010

Sponsor: Lion Ron Austin  
 Speaker: TBA  
 Topic: TBA

### August 24, 2010

Sponsor: Lion Ken Knicker  
 Speaker: Barbara Intihar  
 Topic: Literacy of DuPage

## Our Wheaton LIONS Cup

Our very own. Available for \$9.00 each. See President Lion Dr. Lightbody.



# Hear Here

By Dr. Terri Lightbody, Au.D  
 HEARING SPECIALISTS OF DuPAGE  
[www.thehearingspecialists.com](http://www.thehearingspecialists.com)



## May is Better Hearing and Speech Month.

For over 75 years, May has been designated as Better Hearing and Speech Month -- a time to raise public awareness, knowledge, and understanding of the various forms of communication impairments to include those of hearing, speech, language, and voice. Communication impairments affect the most vulnerable in our society -- the young, the aged, the disabled, and the poor.

Helen Keller once noted that of all her impairments, she was perhaps troubled most by her lack of speech and hearing. She elaborated, that while blindness separated her from things, her lack of hearing separated her from people -- the human connection of communication.

Audiology (Audiologists) and Speech-Language Pathology (Speech-Language Pathologists) are the professions concerned with the prevention, identification, and treatment of communication impairments. (Both of these professions were rated among the top 50 for job satisfaction in recent Jobs Rated Almanac.)

The National Institute on Deafness and Other Communication Disorders reports that approximately 43,000,000

people in the United States suffer from a speech, voice, language, or hearing impairment. Almost 28,000,000 suffer from a hearing loss. Approximately 10 percent of children have moderate to severe communication impairments.

An estimated 28 million Americans have a hearing loss that can be treated; yet fewer than 7,000,000 use a hearing aid. You could be one of them. Now is a good time to take stock of your own hearing and seek help if you think you may have a problem.

You have a hearing loss if you:

- Frequently ask people to repeat themselves
- Often turn your ear toward a sound to hear it better
- Understand people better when you wear your glasses or look directly at their faces
- Lose your place in group conversations
- Keep the volume on your radio or TV at a level that others say is too loud
- Have pain or ringing in your ears

People who see themselves in these statements should see an audiologist for a hearing test. Even a very slight hearing loss can have an impact on your daily life. Hearing loss is treatable, and there is no reason for anyone to miss all the important sounds of life.

Audiologists test hearing, prescribe hearing aids and assistive listening devices, and they can teach people with hearing loss how to make the most of the sounds they hear.

## Officers

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